

Copa Calendars How to Attend

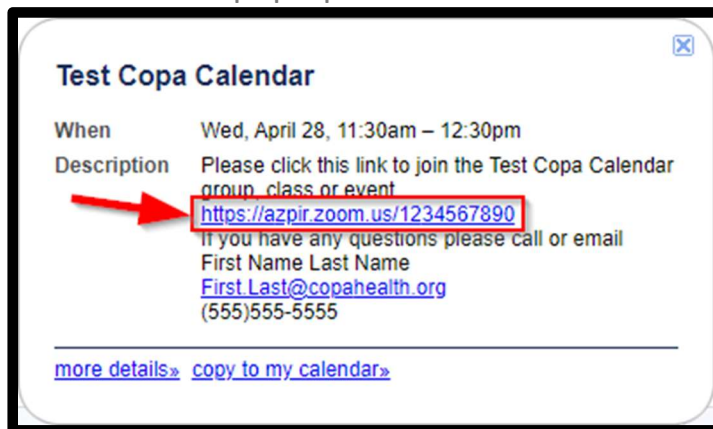
1. Please click on the plus (+) sign to expand the program or service calendar you want to see.



2. Find and click on the group, class, or event you are interested in.

Mon	Tue	Wed	Thu	Fri
26 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas	27 11am Music and Zumba Cla	28 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas	29 11am Music and Zumba Cla	30 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas
3 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas	4 11am Music and Zumba Cla	5 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas	6 11am Music and Zumba Cla	7 10am Life@Copa 11am Music and Zumba Cla 1pm Zumba and Music Clas

3. A calendar invite will pop-up and include a zoom link with contact information.



- i. The zoom link will allow you to join the group, class or event on the day and time posted on the calendar invite:
 - a. you can copy and paste the zoom link to your own personal calendar or,
 - b. you can come back to Copa Calendars <https://copahealth.org/copa-calendars/> on the day and time of the group class or event and click on the zoom link directly from the calendar invite.
4. If you have any questions about the group, class or event please email or call the host/instructor provided on the calendar invite and they will be able to help you.
 5. If you need more instructions on how to use zoom please visit our telehealth webpage <https://copahealth.org/copa-health-telehealth/>