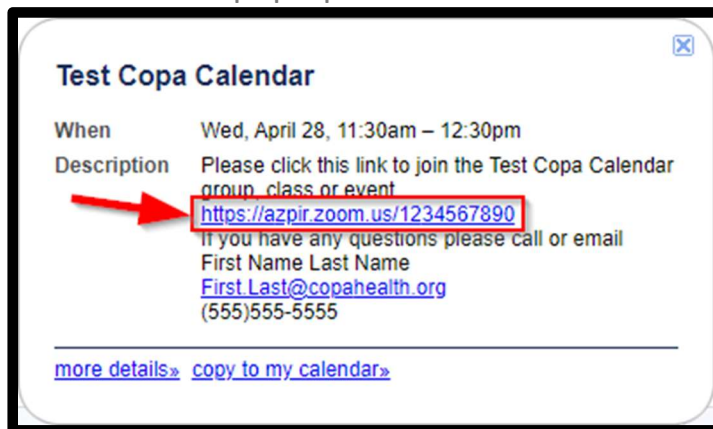# Copa Calendars
How to Attend

1. Please click on the plus (+) sign to expand the program or service calendar you want to see.

2. Find and click on the group, class, or event you are interested in.

3. A calendar invite will pop-up and include a zoom link with contact information.

   i. The zoom link will allow you to join the group, class or event on the day and time posted on the calendar invite:
      a. you can copy and paste the zoom link to your own personal calendar or,
      b. you can come back to Copa Calendars https://copahealth.org/copa-calendars/ on the day and time of the group class or event and click on the zoom link directly from the calendar invite.

4. If you have any questions about the group, class or event please email or call the host/instructor provided on the calendar invite and they will be able to help you.

5. If you need more instructions on how to use zoom please visit our telehealth webpage https://copahealth.org/copa-health-telehealth/